Do you agree or disagree with the following statement: **People should not spend a lot of time on communicating by technologies**, such as through social media or with text messages.

With the advent of advanced technologies, nowadays it is more and more convenient for people to communicate with each other. People from the 1950s will definitely marvel at the amazing speed and ease of sending text messages to other people. A hotly-discussed topic has been brought to attention recently regarding the side effects of social media. **Therefore, s**ome people argue that people should not spend so much time on **these** technologies ~~including facebook, twitter and instagram~~. As far as I am concerned, I am in favor of the idea.

Admittedly, technologies have benefitted us in many aspects of life. **这个让步段的问题，没有reasoning的过程。例证是用来服务论证的，而论证过程才是我们文章的核心，因为论证的过程才是一个推理的过程，例证只能片面的说明这件事的正确性。此外，题目中是提到了communicate的方面，所以作者说的不用排队这些的是跑题的。我重新写一下让步段的reasoning部分的demo: Thanks to technological advancement, with the help of instant messaging and social networking, it is cheaper and more convenient for us to communicate with others via the internet rather than face-to-face communication. To be specific, in the past, when people rely on writing letters to keep in contact with others, it is hard for them to follow their family or friends’ recent activities. These days, people no longer have to wait for others’ response for so long; instead, they could contact with them easily through their mobile phones or personal computers. Another change is that people can find it easier to make friends with others. With the access to the Internet, we can encounter with people from all over the world and expand our network of contacts.** ~~My grandmother used to wait in long queues in the post office to send a single letter. But now, after she learned how to use the internet, she~~ **~~even~~** ~~spends more time surfing the web than I do and she can send me a video call whenever she misses me. Thanks to technology, the barriers to entry for many fields are dropping. For instance, a novice programmer can get a project off the ground by pooling all the resources he needs from Github. Personally, I cannot imagine a world without technologies~~. **作者的让步段是不规范的，让步内容交代之后还要再反驳一下，确定一下自己的立场。Demo: However, in no circumstance should we make light of the potential negativity of its increasing popularity for both citizens’ relationship with their families and physical well-being.**

However, as a matter of fact, technologies are depriving citizens of their leisure time to spend with their families. Deeply obsessed with the entertainments on social media, many people hardly have any time to pay attention to the real world **and gradually seldom do they communicate with their families or friends, making them become increasingly isolated**. **作者这个topic的reasoning过程也太短了的。作者可以增加一个subtopic使得reasoning更充分。Besides, it is common nowadays that employees would sacrifice their precious time with their families and return to the company to work overtime after receiving the text message from thier managers.** To illustrate, modern families tend to eat dinner with the accompany of television, which means there is zero interaction among family members. **And the work-life unbalance which is largely resulted from these communication technologies has counterproductively take a toll on the harmony of the family atmosphere more or less.** ~~Family members are the most valuable people for us and it is them~~ **~~that~~** ~~we should care about and pay attention to. Lacking of love and attention from parents, many students suffer from mental illness, which is the main reason for their relatively low performances at school. Undeniably, connection and love play an important role in the development of children, who deserve their parents' life-long attention~~. **这篇文章谈论的都是communicating by technologies，作者经常会有跑题的语句，这样子是不合适的。**

**作者这个观点跑题了，我做一下文法和语法的修改。**

Technologies also pose a major threat to the overall health of many modern white collar workers. Staring at the computer screen for 8 hours at work and stuck to cell phones after work, more and more people wear heavy glasses nowadays. But poor eyesight is not the only consequence. Statistics show that people exposed to electric devices for too long are more likely to develop heart diseases and hypertension, which are major threats to the lifespan of modern white collar workers.

**关于沟通和科技的负面观点除了上文给出的一条可能暂时没有其他更好得论点的，我从正面的角度，再补充一个正面的论点供参考。我写一下demo:**

**The internet-based communication has the potential to strengthen family bonds and maintain harmonious relationships. Specifically, family members or friends can make the use of the Internet to stay in touch with others when they study abroad or work in another city, which can get rid of time and geographical restriction. Meanwhile, we even can make new friends through social networking. Therefore, we can have more personal resources to draw upon, which is beneficial to our career and daily life. Moreover, another significant advantage for internet innovation is that compared with phone the email and instant messaging are more useful when it comes to work collaboration, which can greatly improve the efficiency and quality of work.**

What these ideas mentioned above converge on is the idea that while enjoying the convenience brought by technologies, people should **reduce the time with the virtual world but instead** spend more time on their friends and families. The real world around us deserves our attention too.

**结构建议：本文结构合理，但是作者要注意在论证过程中论证的内容要紧紧围绕论点，作者让步段的写法也要注意。具体参考demo部分。**

**连贯性：文中较少用到连词和短语来连接对比上下文，以及表示因果，转折等，因此本文流畅度需提高。**

**词汇：作者的词组与词汇运用能力较好，有部分词汇运用和语言表达不太恰当，已经做出了修改。今后作者还可以多积累好的词伙，这样表达会更加地道。**

**句式语法：本文语法错误很少，非常好。作者多多参考修改建议部分，在今后的写作中注意句式的多样性。加油！**

**Scored: Fair**